

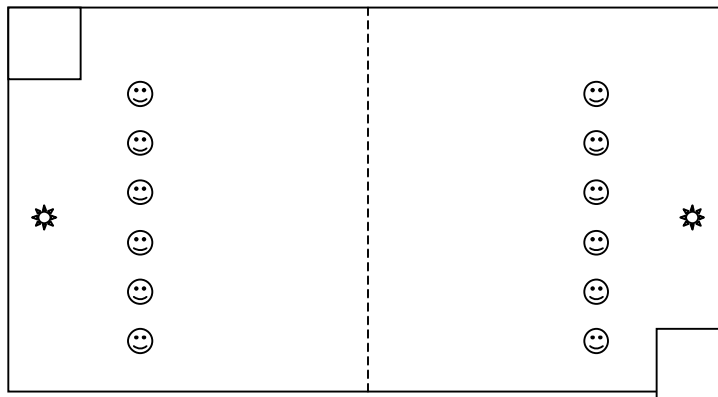
Extreme Dodge Flag

Equipment

Cones
Dodgeballs
Flag

Set Up

2 even teams with even amount of dodgeballs
Centre line across the court
2 jail areas on opposite corners
1 flag on each side



Objective

Capture the flag – Steal enemy flag and return to own side
Eliminate enemy team by tagging (on own side) or hit with dodge ball (other side)

Rules

Can only throw dodge balls on your side of the court
If enemy is on your side, you can tag them
Once you're on the other side of the court you lose tagging power
Once you've been tagged/hit by ball, go to jail on the other side
Save players by getting to enemy jail safely – safe passage back once rescued
Dodge-balls can be avoided/grabbed in standard way
Once flag is in possession it can be thrown but if dropped it is returned.
If holding flag, then cannot rescue teammates from jail
If tagged/hit with flag then flag is returned
If team scores all players return to side and balls returned, 30 seconds of peace.